

# Morning Prayer During Lent

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Hear our voice, O Lord, according to your faithful love,

**All according to your judgement give us life.**

1 Have mercy on me, O God, in your great goodness; ♦  
according to the abundance of your compassion  
blot out my offences.

2 Wash me thoroughly from my wickedness ♦  
and cleanse me from my sin.

3 For I acknowledge my faults ♦  
and my sin is ever before me.

4 Against you only have I sinned ♦  
and done what is evil in your sight,

5 So that you are justified in your sentence ♦  
and righteous in your judgement.

6 Cast me not away from your presence ♦  
and take not your holy spirit from me.

7 Give me again the joy of your salvation ♦  
and sustain me with your gracious spirit;

8 Then shall I teach your ways to the wicked ♦  
and sinners shall return to you.

9 Deliver me from my guilt, O God,  
the God of my salvation, ♦  
and my tongue shall sing of your righteousness.

Psalm 51.1–5,12–15

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

# The Word of God

## Psalm

---

### Scripture Reading

To you, O Lord, I lift up my soul;

**All O my God, in you I trust.**

You are the God of my salvation,

**All To you, O Lord, I lift up my soul.**

In you I hope all the day long.

**All O my God, in you I trust.**

Remember, Lord, your compassion and love,  
for they are from everlasting.

**All To you, O Lord, I lift up my soul;**

**O my God, in you I trust.**

from Psalm 25

### Gospel Canticle

1 Blessed be the Lord the God of Israel, ◆  
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, ◆  
born of the house of his servant David.

3 Through his holy prophets God promised of old ◆  
to save us from our enemies,  
from the hands of all that hate us,

4 To show mercy to our ancestors, ◆  
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham:  
to set us free from the hands of our enemies,

6 Free to worship him without fear, ◆  
holy and righteous in his sight  
all the days of our life.

7 And you, child, shall be called the prophet of the Most  
High, for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation ◆  
by the forgiveness of all their sins.

9 In the tender compassion of our God ◆  
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the  
shadow of death, ◆

and to guide our feet into the way of peace. Luke 1.68–79

# Prayers

Intercessions are offered

- ¶ for the day and its tasks
- ¶ for the world and its needs
- ¶ for the Church and her life

Lord, in your mercy

**hear our prayer.**

Silence may be kept.

---

Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are penitent:  
create and make in us new and contrite hearts  
that we, worthily lamenting our sins  
and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord.

**All Amen.**

Trusting in the compassion of God,  
as our Saviour taught us, so we pray

**All Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## The Conclusion

May God our Redeemer show us compassion and love.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**